Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran
Forecast valid from 06:00 on Saturday 08 Jul 2023 until 23:59 on Sunday 09 Jul 2023

Forecast Issued on Saturday 08 Jul 2023 at 02:29 by Met Office Aberdeen

Confidence: Low for timing and extent of rain or thunderstorms on Saturday. Low for extent of any showers on Sunday. High for showery weather early next week.

Headline for Saturday 08 Jul 2023: Windy with afternoon and evening rain or thunderstorms

Mountain weather hazards on Saturday 08 Jul 2023

Blizzards
No Likelihood

Gales
Medium Likelihood

Thunderstorms
Medium Likelihood

Heavy persistent snow
No Likelihood

Severe chill effect
No Likelihood

Heavy persistent rain
Medium Likelihood

Storm force winds
Low Likelihood

Poor visibility
Low Likelihood

Strong sunlight
High Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Sunny	Sunny intervals	Sunny intervals	Heavy Rain	Thunderstorm	Thunderstorm
Precipitation probability					
00%	<05%	20%	40%	70%	60%

Forecast for Saturday 08 Jul 2023

Weather: After a dry and sunny start to the day it will cloud over from the southwest through the morning. The afternoon and evening will showers extending northwestwards, occasionally heavy with a chance of thunderstorms. These are most likely across the Trossachs and southern Lochaber, with a greater chance of drier weather across southern Kintyre and Jura.

Chance of cloud-free hill tops above 800m: 90% falling 40% by evening.

Low Cloud and visibility: Good visibility with cloud above the summits in the morning. Cloud then lowering to 900 metres by late afternoon, with patches down to 500 metres developing across the east of the arrive by evening. Poor or very poor in heavy rain and thunderstorms.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Met Office Mountain Weather Forecast

Forecast for Saturday 08 Jul 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	45/55 SE	45/57 SE	39/49 SE	35/44 S	31/38 S	19/23 SE	15/18 SE
900	30/40 SE	31/42 SE	26/36 SE	24/32 S	18/24 SE	12/16 SE	9/12 SE
600	42/50 SE	40/50 SE	28/36 S	25/32 S	20/26 S	10/14 SE	6/9 SE
300	18/29 SE	24/36 SE	19/28 SE	16/23 S	10/15 S	5/9 S	5/7 S
Glen	12/19 NE	16/32 SE	13/25 SE	9/20 S	5/12 S	2/5 SW	4/6 S

Height (m)	Temperature / Feels Like (°C)						
1300	12/6	12/6	12/7	11/6	10/6	10/7	9/6
900	12/8	15/10	16/12	14/10	13/10	12/10	11/10
600	19/8	20/10	19/13	17/12	16/12	15/13	14/13
300	18/14	20/15	22/18	19/16	18/16	16/16	15/15
Glen	19/16	23/20	24/22	21/20	19/19	17/18	16/16
Freezing Level*	2800m	3000m	3200m	3100m	3000m	2900m	2700m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View

Be prepared for summit gales in the morning, and wind speeds across the Nevis ranges may approach 60 mph at times in the morning. Increasing risk of lightning strikes, torrential rain and poor visibility in the afternoon.

Forecast for Sunday 09 Jul 2023

Weather: Much of the day will be warm with sunny intervals, one or two showers breaking out in the afternoon chiefly across the north of the area. Otherwise a reasonable amount of dry weather expected. Much less windy than on Saturday.

Maximum wind: Southwesterly 15 mph

Chance of cloud-free hill tops above 800m: 80%

Low Cloud and visibility: Good visibility with cloud expected to be above summits

Temperature: **Glens:** Plus 13 rising to 22 Celsius
At 800m: Plus 12 Celsius
Freezing level: Above summits

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